Recap of 5/7/23 message by Pastor Joe (Mark 3:1-6):

1. The thing which ties the incidents of Mark 2;23-28 and 3:1-6 together is controversy with the religious leaders over the Sabbath. The bottom line is that Jesus was claiming authority over the Sabbath, a cherished Jewish institution.

- 2. Sabbath means "rest," "cessation from exertion."
- 3. One author summarizes Jesus' arguments this way:

a) Sabbath law was not merely one of rest, but of rest for worship (and service to the Lord which was worship). It could be broken for works of necessity.

b) On the example of Deuteronomy 28:9-10, the priests were permitted to work and serve on the Sabbath. (Matthew 12:5)

c) Hosea 6:6 – "God desires kindness and good will in men rather than punctilious observance of traditional rules." The spirit and not the letter was important. (Matthew 12:7)

d) Appeal to the original purpose of the Sabbath. It wasn't to be a taskmaster over men. Not meant to create a burden but to provide refreshment.

e) The authority of Messiah Himself. Jesus has all authority, including over the Sabbath itself. (Mark 2:28; Matthew 12:8; Luke 6:5.

4. Should we keep the Sabbath today?

a) It's not commanded in the New Testament. It's the only one of the 10 Commandments not repeated in the New Testament.

b) According to romans 14:5-6; Galatians 4:8-11; & Colossians 2:13-17 There is no special day today.

5. Application:

a) We must ask ourselves: "Do we measure spirituality by some list of dos and don'ts? Or do we take Jesus as our model, and concentrate not on our acts of piety, but on a spontaneous response to the needs of others for Jesus' sake. [What] made the Pharisees so furious? Their entire claim to spiritual superiority was based on rigorous observation of manmade rules.... Christ dared to set such thins aside as irrelevant." (Richards)

b) "Service to God often brings harsh conlicts." With apostate religious leaders, with those who deny Biblical authority and Biblical truth. (Hullinger)