

Recap of 10/30/22 message by Joe Ricchuiti

(Credit for the outline to Selwyn Hughes, Every Day Light: Water for the Soul)

Principle #4 – Do I yield daily and regularly to the Holy Spirit’s control in my life?

Ephesians 5:15-21

1. Believers are commanded to be filled with the Spirit (i.e., to willingly place themselves under the control of the Holy Spirit). Ephesians 5:18
2. The issue is not how much of the Holy Spirit do we have (we will never have more of the Holy Spirit than we do at the moment of salvation). The issue is how much of us does the Holy Spirit have?
3. The conditions for being filled with the Spirit are: we must deal with sin in our lives (Ephesians 4:30); we must acknowledge God’s right to our lives and consciously yield to God (Romans 12:1; 6:13; Galatians 2:20); and we must live a life of dependence allowing the Spirit to have full control (Galatians 5:16).
4. The results of and evidence of being filled with the Spirit are: Christlike character (Galatians 5:22,23); worship, praise, and thanksgiving (Ephesians 5:19,20); and right relationships in marriage, the home, on the job and in the church (Ephesians 5:21ff).

Principle #5 – Do I take reasonable care of my body (food, rest, etc.)? 1 Kings 19:1-8

The importance of caring for our physical needs of rest, food, etc. is seen in 1 Kings 19:1-8 where Elijah is depleted physically, emotionally, mentally, and spiritually. God’s answer for him is food, water, and rest.

Principle #6 – Am I dealing successfully with the frustration and adversity in my life?

2 Corinthians 1:8-12; 12:7-10

1. Christians are not exempt from facing problems, frustrations, adversity (2 Corinthians 1:8-10; 7:5,6; 12:7-10). (Selwyn Hughes)
2. In dealing with frustration and adversity, we must realize that:
 - a) all the circumstances of our lives are useful for maturing us
 - b) God give us the strength we need to deal with the frustrations of our lives (2 Corinthians 12:1-10)
 - c) God can turn negatives into positives (Romans 8:28)
 - d) we can share what we have learned with someone else in need.
3. “Suffering produces something. It is of value; it changes us.” (Philip Yancey)
4. If we have a positive attitude, we draw people to ourselves and to God.
If we have a negative, complaining attitude we block God’s work and drive people away from us and God.
5. Problems are an invitation to grow.