Recap of 1/9/22 message by Scott W. Fooshee – Acts 14:21-28

- 1. Paul and Barnabas complete their first missionary journey, "open[ing] the door of faith to the Gentiles" (v.27).
- 2. Paul and Barnabas preached and "won large number of disciples" (v.21).
- 3. A disciple is a student or learner, who adheres completely to the teachings of another, making them his rule of life and conduct.
 - Jesus says, "any of you who does not give up everything he has cannot ne my disciple" (Lk 14:33, NIV).
 - Jesus says "if anyone would come after me, he must deny himself and take up his cross and follow me (Mt 16:24, NIV).
- 4. Paul and Barnabas "appointed elders for them...and with prayer and fasting committed them to the Lord..." (v.23).
- Scott's Thoughts on Fasting: to sacrifice selfish wants/needs to focus more on God. Giving up something "I want" to focus on what "He wants" for me. When I think about this "something", instead of focusing on it, I should turn to His word or prayer.
- -God's Thoughts on Fasting: "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to men that you are fasting, but only to your Father, who is unseen; and you Father who sees what is done in secret, will reward you (Mt 6:16-18, NIV).